Notice of Availability: Form 1095-C

This notice is to inform current and former employees of Balanced Physical Therapy + Wellness that Form 1095-C, *Employer-Provided Health Insurance Offer and Coverage*, for tax years 2025 and forward is available upon request.

What is Form 1095-C?
Form 1095-C is a tax form that Applicable Large Employers (ALEs), like Balanced Physical Therapy + Wellness, are required to furnish to their full-time employees. It includes information about:

- Whether or not health insurance coverage was offered.
- The type of coverage that was offered.
- The cost of the coverage offered.
- Whether or not the coverage offered met the minimum value and affordability requirements under the ACA.

The Purpose of this Notice
Due to changes in federal law, employers are no longer required to automatically distribute Form 1095-C to all employees. Instead, this notice informs employees that the form is available if needed.

How to Request Form 1095-C
To receive a copy of Form 1095-C, the following methods may be used:

- Send an email to hr@staybalancedpt.com
  or
- Mail a written request to:
  Balanced Physical Therapy + Wellness
  Attn: Human Resources
  7849 Tramway Blvd NE, Suite A
  Albuquerque, New Mexico 87122

The request should include a full name, last 4 digits of SSN, mailing address, and email address. Requests will be fulfilled within 30 days from date of request, as required by applicable IRS rules. You may request a paper copy, or, with your consent, receive the form electronically.

Is the Form 1095-C Needed to File Taxes?
Form 1095-C is not required to file a federal income tax return. However, the information on the form may be needed if an advanced premium tax credit was received or if the premium tax credit will be claimed. The form should be kept with tax records for future use.

For more information about Form 1095-C, visit the Internal Revenue Service website at https://www.irs.gov/forms-pubs/about-form-1095-c